

OTHER SIGNIFICANT DAYS

- Date : 04 - Star Wars Day
- Date : 06 - May Bank Holiday
- Date : 06 to 12 - Deaf Awareness Week
- Date : 08 - Rabindranath Tagore Jayanti
- Date : 11 - World Ego Awareness Day
- Date : 13 to 19 - Mental Health Awareness Week | Dementia Action/Awareness Week
- Date : 16 - Love a Tree Day
- Date : 17 - Endangered Species Day
- Date : 20 - World Bee Day
- Date : 20 to 26 - National Vegetarian Week
- Date : 21 - World Meditation Day
- Date : 28 - World Hunger Day
- Date : 26 - Spring Bank Holiday



Jain Meditation

Make time for meditation every day. Puja Shree Chitrabhanuji suggested each day allow yourself 24 minutes of peace, one minute for each hour of the day.

Meditation is the gathering of self-knowledge and the dispelling of ignorance ; the pathway back to inner peace; the restoration of love for self; the act of creating quality thoughts and feelings; reaching to the highest level of conscious awareness; the best way for busy people to stay cool, calm and focused.



JAIN CALENDAR 2024

VIR SAMVAT 2550 - VIKRAM 2080



AATHAM CHAUDAS PANCHAM BIJ AGIYARAS	Jain Festivals	Auspicious Day
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CHAITRA - MAY 2024 - VAISHAKH						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CHAITRA: 1 TO 8 MAY VAISHAKH: 9 TO 31 MAY		1 Vad Aatham	2 Vad Nom	3 Vad Dasam	4 Vad Agiyaras	5 Vad Baras
6 Vad Teras	7 Vad Chaudas	8 Vad Amas	9 Sud Ekam Bij	10 Sud Trij	11 Sud Choth	12 Sud Pancham
13 Sud Chhath	14 Sud Satam	15 Sud Aatham	16 Sud Aatham	17 Sud Nom	18 Sud Dasam	19 Sud Agiyaras
20 Sud Baras	21 Sud Teras	22 Sud Chaudas	23 Sud Poonam	24 Vad Ekam	25 Vad Bij	26 Vad Trij
27 Vad Choth	28 Vad Pancham	29 Vad Chhath	30 Vad Satam	31 Vad Aatham		



“A Jain temple is not just bricks & mortar, stone & sculpture. It is an edifice of ideas and culture, as well as an expression of art & spirituality. It provides us with an opportunity for self reflection and self renewal” A Jinalay is the abode of the Lord. It's strength is not in its stones. Its fortitude comes from the dedication of the Jain sangh (community). A Jinalay's glue is the piety and devotion of the community”

BY KISHOR B SHAH

AUSPICIOUS DAY - KALYANAKS

- Date : 03 - Naminath Nirvan Kalyanak
- Date : 03 - 20 Viharmans Bhagwans Janma Kalyanak
- Date : 06 - Anantanath Janma Kalyanak
- Date : 07 - Anantanath Diksha & Kevalgnan Kalyanak
- Date : 07 - Kunthunath Janma Kalyanak
- Date : 11 - Abhinandan Chavan Kalyanak
- Date : 14 - Dharmanath Chavan Kalyanak
- Date : 16 - Abhinandan Nirvan Kalyanak
- Date : 16 - Sumatinath Janma Kalyanak
- Date : 17- Sumatinath Diksha kalyanak
- Date : 18 - Mahavirswami Kevalgnan Kalyanak
- Date : 20 - Vimalnath Chavan Kalyanak
- Date : 21- Ajitnath Chavan Kalyanak
- Date : 29 - Shreyansanath Chavan Kalyanak
- Date : 31 - Munisuvrata Janma Kalyanak

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 4 | 7 | 9 | 12 | 15 | 16 | 19 | 22 | 25 | 28 | 31

AVOID ROOT VEGETABLES

Date : 3 | 6 | 10 | 11 | 14 | 17 | 18 | 20 | 21 | 23 | 29

JAIN FESTIVAL

- Date : 07 - Pakhi Pratikraman
- Date : 10 - Varshitap Parna (Akshaya Tritiya)
- Date : 19 - Jain Sansan Sthapana
- Date : 22 - Pakhi Pratikraman
- Date : 23 - Poonam (Bhav Siddhachal Yatra)

SPECIAL EVENTS

- Date : 23 - 895th - Girnar Tirth Dhwaja Day
- Date : 29 - 493rd - Shatrunjaya Tirth Dhwaja Day